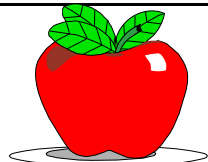


**RIVERVIEW CHILDREN'S CENTER
BREAKFAST AND SNACK MENU
JUNE 2009**








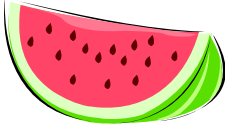


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/1/2009 PANCAKE W/SYRUP CHILLED APPLESAUCE CHILLED MILK ***** CHOCOLATE PUDDING GRAHAM CRACKERS CHILLED MILK	6/2/2009 BAGELETTE WITH SPREADS CHILLED PINEAPPLE CHILLED MILK ***** FRESH APPLE AND CHILLED MILK	6/3/2009 RICE KRISPIES CHILLED GRAPE JUICE CHILLED MILK ***** NACHOS WITH SALSA (T.T. DINNER ROLL) CHILLED MILK	6/4/2009 CHEERIOS FRESH ORANGE SLICES CHILLED MILK ***** CHEESE SLICES WITH CRACKERS CHILLED MILK	6/5/2009 ENGLISH MUFFIN CHILLED PEAR SLICES CHILLED MILK ***** FRESH VEGGIES WITH DIP (T.T. GRAHAM CRACKERS) CHILLED MILK
6/8/2009 HONEY NUT CHEERIOS CHILLED FRUIT COCKTAIL CHILLED MILK ***** SUGAR COOKIE AND CHILLED MILK	6/9/2009 FUNNEL CAKE CHILLED PEAR SLICES CHILLED MILK ***** MINI HAM SANDWICH AND CHILLED MILK	6/10/2009 BANANA BREAD FRESH ORANGE SLICES CHILLED MILK ***** FROZEN JUICE BAR AND CHILLED MILK	6/11/2009 GOLDEN GRAHAMS CHILLED APPLE JUICE CHILLED MILK ***** MINI SOFT PRETZEL AND CHILLED MILK	6/12/2009 KIX CEREAL CHILLED PEACH SLICES CHILLED MILK ***** FRUITED YOGURT AND CHILLED MILK
6/15/2009 FRENCH TOAST CHILLED PEAR SLICES CHILLED MILK ***** RED DELICIOUS APPLE AND CHILLED MILK	6/16/2009 HONEY BUN FRESH ORANGE SLICES CHILLED MILK ***** CHOCOLATE CHIP COOKIE AND CHILLED MILK	6/17/2009 CHEERIOS CHILLED APPLE JUICE CHILLED MILK ***** FRESH WATERMELON AND CHILLED MILK	6/18/2009 TOTAL RAISIN BRAN CHILLED APPLESAUCE CHILLED MILK ***** ICE CREAM SANDWICH AND CHILLED MILK	6/19/2009 WHEAT TOAST W/JELLY CHILLED PINEAPPLES CHILLED MILK ***** TEDDY GRAHAMS AND CHILLED MILK
6/22/2009 CINNAMON BAGEL CHILLED PEACH SLICES CHILLED MILK ***** FRESH VEGGIES WITH DIP (T.T. FRUITED YOGURT) CHILLED MILK	6/23/2009 WAFFLE WITH SYRUP CHILLED FRUIT COCKTAIL CHILLED MILK ***** BLUEBERRY MINI LOAF AND CHILLED MILK	6/24/2009 REDUCED SUGAR DONUT FRESH ORANGE SLICES CHILLED MILK ***** CARNIVAL COOKIE AND CHILLED MILK	6/25/2009 BERRY KIX CEREAL CHILLED GRAPE JUICE CHILLED MILK ***** FRESH BANANA AND CHILLED MILK	6/26/2009 BREAKFAST PIZZA MANDARIN ORANGES CHILLED MILK ***** NACHOS WITH SALSA (T.T. DINNER ROLL) CHILLED MILK
6/29/2009 POP TART CHILLED PEACH SLICES CHILLED MILK ***** CHEESE CHUNKS WITH CRACKERS CHILLED MILK	6/30/2009 KIX CEREAL CHILLED 100% FRUIT PUNCH CHILLED MILK ***** ICE CREAM CUP AND CHILLED MILK			



Nutritious Friends



**RIVERVIEW CHILDREN'S CENTER
LUNCHEON MENU
JUNE 2009**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/1/2009 TOASTED CHEESE SANDWICH TOMATO SOUP WITH CRACKERS CHILLED FRUIT COCKTAIL CHILLED MILK	6/2/2009 MEXICAN TACO WITH LETTUCE AND CHEESE TOPPING STEAMED CORN FROZEN JUICE BAR CHILLED MILK 	6/3/2009 OVEN BAKED FISH SANDWICH CREAMY COLESLAW (T.T STEAMED CARROTS) FRESH STRAWBERRIES CHILLED MILK 	6/4/2009 CHICKEN NUGGETS WITH SOFT PRETZEL STEAMED MIXED VEGETABLES CHILLED MANDARIN ORANGES CHILLED MILK	6/5/2009 HOT HAM AND CHEESE BAGEL STEAMED GREEN BEANS CHILLED PINEAPPLE CHILLED MILK
6/8/2009 WAFFLES WITH SYRUP SAUSAGE PATTY 100% FRUIT PUNCH BAKED CINNAMON APPLES CHILLED MILK 	6/9/2009 CHEESEBURGER ON A BUN OVEN READY TATOR TOTS FRESH BANANA CHILLED MILK	6/10/2009 ROAST PORK W/ NOODLES AND GRAVY STEAMED CORN CHILLED APPLESAUCE CHILLED MILK	6/11/2009 FIESTADA PIZZA FRESH VEGGIES WITH DIP (T.T. STEAMED PEAS) CHILLED PEAR SLICES CHILLED MILK 	6/12/2009 BEEFARONI W/ DINNER ROLL STEAMED CARROTS FROZEN JUICE BAR CHILLED MILK
6/15/2009 CHICKEN PATTY ON A BUN OVEN READY FRENCH FRIES CHILLED MANDARIN ORANGES CHILLED MILK	6/16/2009 PIZZA HUT PIZZA TOSSED SALAD WITH DRESSING (T.T. CAULIFLOWER) CHILLED PEACH SLICES CHILLED MILK 	6/17/2009 OVEN BAKED CHICKEN STEAMED RICE WITH GRAVY CHILLED FRUIT COCKTAIL CHILLED MILK	6/18/2009 SLOPPY JOE ON A BUN STEAMED GREEN BEANS FRESH FRUIT SALAD CHILLED MILK	6/19/2009 HAM AND AMERICAN CHEESE SANDWICH FRESH CELERY STICKS (T.T. STEAMED CORN) FRESH ORANGE SLICES CHILLED MILK
6/22/2009 NACHOS WITH MEAT AND CHEESE (T.T. DINNER ROLL) STEAMED BROCCOLI CHILLED PEAR SLICES CHILLED MILK 	6/23/2009 BOLOGNA SANDWICH CORN ON THE COB FRESH CANTELOUPE CHILLED MILK	6/24/2009 CHICKEN NUGGETS WITH DINNER ROLL STEAMED CARROTS CHILLED PEACH SLICES CHILLED MILK	6/25/2009 ITALIAN MEATBALL SANDWICH STEAMED GREEN BEANS CHILLED PINEAPPLE CHUNKS CHILLED MILK	6/26/2009 SALAMI AND MOZZARELLA CHEESE SANDWICH FRESH VEGGIES (T.T STEAMED BROCCOLI) FRESH WATERMELON SLICE CHILLED MILK 
6/29/2009 HAM BBQ ON PRETZEL BUN VEGETABLE SOUP CHILLED PEACH SLICES CHILLED MILK	6/30/2009 CHICKEN NUGGETS W/ MUFFIN STEAMED CORN CHILLED APPLESAUCE CHILLED MILK	DID YOU KNOW?..... The 1st recorded watermelon harvest occurred nearly 5,000 years ago in Egypt. Over 1,200 varieties of watermelons are grown worldwide in 96 countries. Watermelon is 92% water.		 JUNE 14 FLAG DAY  JUNE 21 FATHER'S DAY



Nutritious Friends

Nutritious Definition of the Month :
VITAMIN K
 Helps your body stop cuts from bleeding (helps blood clotting)